

CITY OF DOVER

PARKS AND RECREATION

Spring 2026

ACTIVITY & PROGRAM GUIDE

City of Dover Parks & Recreation
PO Box 475
Dover, DE 19903

Service Desk
10 Electric Avenue (Schutte Park)
Phone: (302) 674-7541 Open Gym: (302) 736-4443
Email: parks@dover.de.us
Web: cityofdover.com/parks-recs-home

Roger Ridgeway
Director



FITNESS FOR ADULTS

SOUL LINE DANCE

Looking for a great way to exercise those extra pounds away, enhance your dance moves, and improve your coordination, all while meeting some great people? Well look no further, **C & K Soul Line Dancing** invites you to join us in learning many of the latest old and new school soul line dances. This is a great way to exercise your mind, body and spirit as you dance your way to a healthier, more fit you. Some examples include Uptown Funk, Spanish Fly, Biker's Shuffle and Cupids 2 x 4 Shuffle just to name a few. Dress in comfortable clothing and footwear. Also bring your own towel and water and prepare to have an awesome time. Taking place at the **John W. Pitts Recreation Center**. **Activity Fee:** \$35 evening class session *Class dates are subject to change based on instructor availability of C & K Soul.*

Advanced Class - \$35

Activity #: SLA01
Day: Mondays
Dates: Feb. 2 - March 2
Time: 6:30 – 7:30 PM

Activity #: SLA04
Day: Thursdays
Dates: March 9 – March 30
Time: 6:30 – 7:30 PM

Intermediate Class - \$35

Activity #: SLB01
Day: Mondays
Dates: Feb. 2 – March 2
Time: 7:30 – 8:30 PM

Activity #: SLI04
Day: Thursdays
Dates: March 9 – March 30
Time: 7:30 – 8:30 PM

Just try it –
you know
you want
too!!

DANCE WITH "E" ASE!

Come out for an exciting evening learning the basics of "Ole School" (partner/couple/hand to hand) dancing. You will learn the Philly Bop, Cha Cha, Strand and the 2 step. Get those arms, legs and feet movin' and groovin' again. Taking place at the **John W. Pitts Recreation Center**. **Activity Fee:** \$30 or \$7 per class

Activity #: DE02

Day: Tuesdays
Dates: Feb. 17 – March 24
Time: 6:30 - 8 PM

Activity #: DE03

Day: Tuesdays
Dates: March 31 – May 5
Time: 6:30 - 8 PM

Activity #: DE04

Day: Tuesdays
Dates: June 12 – June 16
Time: 6:30 - 8 PM

Day Trips

PHILADELPHIA FLOWER SHOW – "Flowers of Tomorrow"

The PHS Philadelphia Flower Show exhibits will take you into a new world of imaginative designs and boundless inspiration. The theme, Gardens of Tomorrow, invites you to explore the future through the eyes of visionary designers, expert gardeners, and passionate green enthusiasts as they merge nature's brilliance with human ingenuity. Departing from Dover promptly **at 8 am** and departing from Philly **at 3 PM**. The motor-coach will leave from the **John W. Pitts Recreation Center**. Sorry, we do not offer refunds if you miss the bus. **Activity Fee:** \$72



Activity #: PHL

Date: Wednesday, March 4

Activity Fee: \$72

ONLINE REGISTRATION ENCOURAGED!

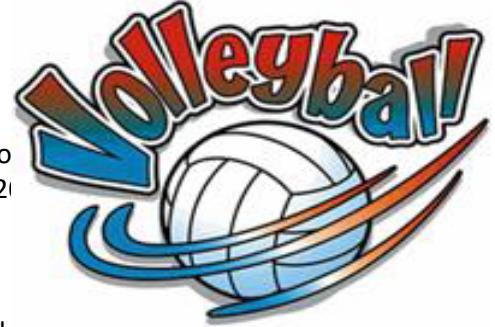
Be sure to create an online account with us for easy registration! Get started here:

<https://cityofdover.recdesk.com/Community/Home>

ADULT LEAGUES

2026 SPRING COED ADULT VOLLEYBALL

- ❖ Team Registration Only / Team Registration Fee of \$300.
- ❖ Register your team ONLINE by March 20
- ❖ All players will register online directly to their team roster. In order for players to begin registration, team names must be submitted by March 20.
- ❖ Season consists of an 8 match regular season schedule plus playoffs.
- ❖ Games held on Thursday evenings.
- ❖ League matches begin April 2.
- ❖ All matches held at the John W. Pitts Recreation Center (Schutte Park).
- ❖ Game times: 6:00, 6:55 or 7:50 pm.



To pay by check or cash, please call (302) 674-7541 before March 20 so that we can be sure your team is included in the league!

SENIOR SOFTBALL

Grab your glove and join the fun! Indoor pick-up games are held every **Tuesday and Thursday from 10:15am - 12:15pm** starting January 21st through March 13th.

Open to men and women ages 55+, and all skill levels are welcome. Whether you're a seasoned player or just want to get back in the game. No Tryouts are needed for this league. Show up, register and have fun! Why join:

- ❖ Everyone plays and everyone bats
- ❖ Stay active and moving
- ❖ Enjoy friendly competition
- ❖ Share plenty of laughs
- ❖ Build great camaraderie



SENIOR BOCCE BALL

Step onto the court and join the fun! Indoor Bocce Ball is a lively twist on the classic game. Perfect for staying active, sharpening your strategy, and enjoying some friendly competition. Easy to learn and fun to play, bocce combines light activity with teamwork and plenty of laughs. We will have two courts set up for play to keep the action moving. Grab a friend or come ready to make new ones. Let's roll!!

Day: Mondays

Dates: March 10-31

Time: 11:00 am - 1:00 pm

LEISURE TIME ACTIVITIES

DOVER WALKS



DoverWALKS Promoting healthy lifestyles to our residents, including mature adults, mom's with strollers and walkers of all ages. Our goal is to promote walking while increasing your physical activity, remove barriers of weather & cost, promote walking as a family activity and build community pride. This FREE* program for City residents and seniors is a great way to get healthy, join friends for a walk and make new ones along the way. The **John W. Pitts Recreation Center** features a 1/13th mile indoor walking track. So get your sneakers and meet us for a walk. Typical hours are Monday – Friday, 7 am – 9:45 AM. (Activities & Special events may impact these hours.) **For complete details give us a call at 302-674-7541 or come on over and sign up!** *Open Gym Fee Schedule applies.



SPRING BREAK CAMP

6 – 12 YEARS

We have your child's spring break covered with a fun & affordable week of camp. Campers will play both inside and out (weather permitting). Games, sports, craft activities and more! Campers will need to pack their lunch each day. Held at the **John W. Pitts Recreation Center** (Schutte Park). (We do not offer before or after care.) **Activity Fee: \$125 or Daily Drop In: \$55*** *If space is available

Activity# SBC

Days: Monday- Friday

Dates: April 6 - 10

Time: 7:30 AM- 5:00 PM

Upcoming COMMUNITY EVENTS

Dover Duathlon - April 11th Located at Schutte Park

For complete details and registration, please visit this link:

<https://www.trisignup.com/Race/DE/Dover/DELAWARESPRINTDUATHLON>

Annual Egg Hunt- March 28th 12:00 PM

Kids bring your baskets and be ready to gather eggs left by the Schutte Park bunnies. This FREE annual event is a hopping good time for all kids 10 and under, registration is not necessary. The hunt starts promptly at NOON on the City of Dover softball fields in Schutte Park. Don't be late, the hunt only lasts a few minutes!! Held Rain or Shine!!

(In the event of rain, will be held inside at the John W. Pitts Recreation Center.)

VOLUNTEER COACHES & SMART WHISTLES PROGRAM

Volunteers: We are always in need of volunteer coaches for our leagues. Interested? Contact Connie Johnson, Sports Coordinator, by calling (302) 736-7095.

Smart Whistles: As part of our assurance to quality programming and to keep our children safe, we require all volunteers to undergo a background check (We cover the fees associated with the background check.) Protecting our children is paramount to us and we know to you as well.

YOUTH ACTIVITIES, LEAGUES & SPORTS

PLEASE NOTE: WE DO NOT OFFER REFUNDS OR CREDITS IF YOU REGISTER FOR A TRIP, CLASS OR PROGRAM AND THEN DO NOT ATTEND. IF THE PARKS & RECREATION DEPARTMENT HAS TO CANCEL A TRIP, CLASS, OR PROGRAM WE WILL MAKE ALL EFFORTS POSSIBLE TO NOTIFY PARTICIPANTS AND A REFUND OR PARKS & RECREATION CREDIT WILL BE ISSUED.

TAE KWON DO

Ages 4 – 18 years

Five Star Tae Kwon Do provides services to improve fitness for self-defense. The program empowers self-esteem, discipline, honor, self-control, respect, courtesy, perseverance and loyalty. The class instills individuals both mentally and physically. (NOT MANDATORY: Uniform fee is not included in activity fee, and will be paid directly to the instructor.) Taking place at the John W. Pitts Recreation Center. **Activity Fee:** \$50

Activity #: TKDA1 (Ages 4 – 6 yrs)

Days: Tuesdays and Fridays

Dates: Jan. 20 – Mar. 13

Time: 5 – 6 PM

Activity #: TKDA2 (Ages 4 – 6 yrs)

Days: Tuesdays and Fridays

Dates: April 7- May 29

Time: 5 – 6 PM

Activity #: TKDB1 (Ages 7 and up)

Days: Tuesdays and Fridays

Dates: Jan. 20 – Mar. 13

Time: 6 – 7:30 PM

Activity #: TKDB2 (Ages 7 and up)

Days: Tuesdays and Fridays

Dates: April 7- May 29

Time: 6 – 7:30 PM

Flag Football (Co-Ed)

Grades- 1st-8th

New to the City of Dover- Co-Ed Flag Football!!!

Designed to build skills, teamwork, and confidence in a fun and inclusive environment. This program gives athletes of all levels the chance to learn the game, stay active and represent their community with pride. We're excited to kick off a season focused on sportsmanship, development and fun for everyone!

Activity #: FFB

Days: Saturdays

Dates: March 23- May 9th

Location: Schutte Park

FOR HER BASKETBALL

Girls 3rd – 8th Grade

For Her Basketball is a girls only program taught by knowledgeable instructors/coaches that know the game.

This is a great way for girls to learn fundamentals and skill development in a safe and supervised

environment. Take place at the John W. Pitts Recreation Center **Activity Fee:** \$30

Activity #: BB – For Her Basketball

Days: Wednesdays

Dates: April 8 – May 13

Time: 6 – 7:30 PM

Inter-County Girls & Boys Soccer league

Girls U11 / Boys U13

Join the fun this spring in our girls & boys inter county soccer league. This league focuses on skill, development, teamwork and FUN! All skill levels welcome. This is a traveling league and you will be required to travel to participating recreation departments in Kent County.

Practices will be one night a week and games on Saturdays! * Please note this is 2 separate leagues **not a co-ed** league **Cost is \$40.00 per child**

Activity #: SL –U11 Girls Inter-County Soccer League **Activity #:** SL –U13 Boys Inter-County Soccer League

Ages- 9-11 (2015,2016,2017 birth years)

Ages- 10-13 (2013,2014,2015 & 2016 birth years)

Practice Days: Fridays (Starting April 13)

Practice Days: Fridays (Starting April 13)

Games: Saturdays (April 25- May 30)

Games: Saturdays (April 25- May 30)

HOOPING IT UP

Eligible Birth Years: 2012 – 2018 (co-ed)

Basketball fundamentals taught in a fun & safe environment. Kids will use junior size balls (provided).

Taking place at the John W. Pitts Recreation Center **Activity Fee: \$25**

Group 1 – 2015, 2016, 2017 & 2018

Group 2 – 2012, 2013, 2014

Days: Fridays

Days: Fridays

Dates: May 1 -29

Dates: May 1 -29

Time: 5 - 6:30 PM

Time: 6:45 - 8:15 PM

SPRING SOCCER LEAGUE

Birth Years: 2012 - 2022

Parent Volunteer Coaches are the key to a successful program. Coaches are needed! Interested? Call Connie Johnson at (302) 736-7095 or email her cjohnson@dover.de.us.

Our league offers participants an inexpensive entry level soccer program! This spring recreational soccer league will provide an environment which emphasizes fun, safety, participation, skills development and the proper attitude toward competition. All divisions of play are determined by year of birth. All age groups are co-ed. Registration fee includes a team t-shirt. Players are responsible for providing their own shin guards & socks. Individual registration only. All practices & games will be held at Schutte Park. Practice and game schedules will be posted on the City of Dover website once team assignments have been completed.

Activity Fee: \$40

Practice info:

Practice Days: 1 Weeknight Per Week Practices

Start: week of April 13

Practice Times: 5:45 pm Weeknights

Location: Schutte Park

Game info:

Game Days: Saturdays*

Game Times: 9:00 am - 2:00 pm

Games Start: April 25

Location: Schutte Park

Division by Birth Year

Mini Mites: Birth Year: 2020 , 2021 & 2022 .

Mites: Birth Year: 2018 & 2019

Pee Wee: Birth Year: 2015, 2016 & 2017

Bantam: Birth Year: 2012, 2013 & 2014

City of Dover Parks & Recreation Summer Sport Camps and leagues

(302) 674-7541

Online Registration Recommended



SOCCER CAMP Youth 9 - 12 years

Soccer Camp will be a fun camp experience where participants get a chance to improve technically and tactically. The focus of our soccer camp is on ball handling, passing, shooting, and defense. Your young athlete will put their newly found skills to the test in end-of-the-day games!

Bring a water bottle, and both sneakers & cleats, as camp may be moved indoors in the event of inclement weather. City of Dover **Parks & Recreation** staff will lead this camp taking place at **Schutte Park, Dover**.

Activity #: SC-Soccer Camp 1

Days: Monday – Thursday

Dates: June 22 - 25

Time: 5:30 – 7:30 pm

Activity Fee: \$30

Activity #: SC-Soccer Camp 2

Days: Monday – Thursday

Dates: August 3 - 6

Time: 5:30 – 7:30 pm

Activity Fee: \$30



FOR HER BASKETBALL Girls 8 - 14 years

BASKETBALL CAMP

For Her Basketball Camp is designed to help girls develop skills and the love of the game! Basketball fundamentals will be taught in fun and safe environment. Send a water bottle with your daughter.

Lead by City of Dover Parks & Recreation staff inside at the **John W. Pitts Recreation Center**.

Activity #: SC- For Her Basketball Camp

Days: Monday - Thursday

Dates: July 27 - 30

Time: 9 am - 12 pm

Activity Fee: \$50



Volleyball Camp Youth 1st – 11th grades

Volleyball Camp will be a fun time for your child to play and learn a little volleyball and meet new friends or sign up with a friend to make it that much more fun! Camp will be led by City of Dover Parks & Recreation staff and held inside at the **John W. Pitts Recreation Center**.

Grades 1 -

Activity #: SC-VB1

Days: Mon – Thur

Dates: July 13 - 16

Time: 9 – 11 AM

Activity Fee: \$30

Grades 6 -

Activity #: SC-VB2

Days: Mon - Thur

Dates: July 13 - 16

Time: 1 – 3 PM

Activity Fee: \$30



HOT SHOT BASKETBALL CAMP Ages 8 – 14 (co-ed)

Hot Shot Basketball Camp will be a bouncing, passing, dribbling good time as kids will work on basketball fundamentals in a fun, stress free atmosphere. City of Dover staff will lead this four (4) day camp being held inside at the **John W. Pitts Recreation Center**. **Activity Fee:** \$100

Campers should bring water bottles/drinks and their lunch to camp each day. Pre-registration is required.

Activity #: SC - Hot Shot Basketball

Days: Monday – Thursday

Dates: July 6 - 9

Time: 9 am – 3 pm



Evening Soccer Clinics

Youth 3 – 8 years

These soccer clinics are sure to please the youngest of soon to be soccer players! Using fun games and drills, kids will have a kickin' good time with our staff learning soccer fundamentals. Clinics will be lead by City of Dover staff and held at Schutte Park.

Ages: 3 & 4 years

Activity #: Soccer Clinic 1

Days: Monday - Thursday

Dates: July 6 - 9

Time: 6 – 7 pm

Activity Fee: \$25

Ages: 5 & 6 years

Activity #: Soccer Clinic 2

Days: Tuesday - Friday

Dates: July 13 - 16

Time: 6 – 7 pm

Activity Fee: \$25

Ages: 7 & 8 years

Activity #: Soccer Clinic 3

Days: Monday - Friday

Dates: July 20 - 23

Time: 6 – 7 pm

Activity Fee: \$25

City of Dover Parks & Recreation Summer Sport Camps & Leagues

(302) 674-7541

<https://cityofdover.recdesk.com/Community/Member/Login>



Youth Summer Basketball League

Youth Born in 2012 – 2020

Summer Youth Basketball league accepting registrations! We recommend early registration as this league has an age division limit of 54 players and fills quickly. In games, all players participate with mandatory playing time requirements. Practices and games are held at the John W. Pitts Recreation Center. **Activity Fee:** \$50

Team practices start the week of June 15 and games start June 27.

JUNE 6: SKILL EVALUATIONS*

BANTAM: 10 AM

INTERMEDIATE: 12 PM

JUNIOR: 2 PM

PEE WEE PLAY DAY*

JUNE 5 AND JUNE 12

6:00 PM – 7:30 PM

**MUST BE PRE-REGISTERED TO PARTICIPATE. IF YOUR CHILD MISSES SKILL EVALUATIONS, THEY WILL STILL BE PLACED ON A TEAM. (AS LONG AS THEY ARE REGISTERED)*

AGE DIVISIONS & PRACTICE NIGHTS**

Pee Wee	Born in 2019 & 2020	Practice: Mondays
Bantam	Born in 2017 & 2018	Practice: Mondays
Intermediate	Born in 2015 & 2016	Practice: Tuesdays
Junior	Born in 2012, 2013 & 2014	Practice: Tuesdays

***Practice nights are subject to change.*

Volunteer Coaches are the key to a successful program. Coaches are needed! Interested? Call Connie Johnson at (302) 736-7095 or email her at: cjohnson@dover.de.us



Girls Summer Volleyball League

Girls 5th – 8th grades

Our Girls Volleyball League offers a platform for players of all skill levels to refine their volleyball skills and reach their full potential in fun practices and exciting games. Held in a friendly, fun and safe environment (practices and games) at the **John W. Pitts Recreation Center**. Team t-shirts will be provided. Knee pads are recommended.

Activity Fee: \$40

Practices will start on June 24 and games will start July 11.

May 31: SKILL EVALUATIONS*

10 AM – NOON

MUST BE PRE-REGISTERED TO ATTEND

IF YOUR CHILD MISSES SKILL EVALUATIONS,

SHE WILL STILL BE PLACED ON A TEAM. (AS

LONG AS SHE IS REGISTERED.)

Volunteer Coaches are the key to a successful program. Coaches are needed! Interested? Call Connie Johnson at (302) 736-7095 or email her at: cjohnson@dover.de.us

Spring Break Camp

Ages 6 – 12 years

We have your child's spring break covered with a fun & affordable week of camp. Campers will play both inside and out (weather permitting). Games, sports, craft activities and more! Campers will need to pack their lunch each day. Held at the **John W. Pitts Recreation Center** (Schutte Park). (We do not offer before or after care.)

Activity Fee: \$125 / Daily Drop In \$55 (if space available)

Activity #: SC – Spring Break

Days: Monday – Friday Dates: April 10 – 14

Time: 7:30 AM – 5 PM



Tuesday Night Track Meets

Youth Born in 2012 - 2020 (subject for change)*

Tuesday Night Track meets are **FREE** and pre-registration is not required. Join us Tuesday evenings at Dover High School. Events range from 50 meters to 1600 meters. Kids will be grouped by birth year.

On Site Registration: 5:30 PM **Meets Start at:** 6 PM **Dates:** June 16 – July 21



Let's get your registration started!!

Did you hear about registering online with us? It's easy, just set up an account with us that includes your family members. Then you'll be able to register for our outstanding camps, programs, and trips!

We are encouraging online registration as it is a customer friendly and convenient way to register without having to write a check or make a special trip over to the recreation center.

To get your online account started, visit: <https://cityofdover.recdesk.com/Community/Member/Login>

OVER THE PHONE: (302) 674-7541 w/credit card payment or

IN PERSON: John W. Pitts Recreation Center (Schutte Park)

Recreation - Registration Information

Registration Highlights

- * **Registrations must include full payment with completed & signed registration form.**
- * **No refunds or credit certificates will be given unless Recreation staff cancel the activity.**
- * **If you miss your activity, we do not offer credits or refunds.**
- * **No credits/discounts on late activity registrations.**

Program Cancellation

Programs are subject to cancellation if the minimum requirement is not met.

Registration Process

Registrations are accepted online, at the John W. Pitts Recreation Center, over the phone, and by mail. Registration is required & all fees must be paid prior to participation in a program. Many programs fill quickly, so we encourage early registration.

Credit Cards/Checks - NSF

Credit card transactions and/or checks that are returned for non-payment will result in a \$40 Charge Back/NSF fee.

Cancellation/Relocation Information Line

Weather conditions have you wondering if a City of Dover Recreation Division event is still taking place? Just call 736-7155 for updated program information!



Building & Pavilion Rentals

JWP Recreation Center has rental space available for meetings & special occasions. Also, pavilion rentals are available in Dover Park, Schutte Park, and Silver Lake Park. A minimum of two (2) weeks notice is necessary for these rentals. For a complete list of rules, rate information, and date availability, give the City of Dover Recreation Division a call at (302) 674-7541.

Oops! Oops!!Oops!!!

At the time of print, we deem all information to be correct. We strive to be as accurate as possible; however, programs and program information is subject to change without notice.

Don't miss out!

Nothing cancels a great activity quicker than participants waiting until the last minute to register. If the minimum registration requirement is not met 1 week prior to the start date the program is subject to cancellation. Calling the day before or even showing up the day of the activity to sign-up won't save the program! Register Early!

Open Gym Hot Line
736-4443 updated daily,
call to get today's open
gym times at the
Pitts Center!

Help Take Care of the Parks

Keeping our City of Dover Park areas beautiful, clean, and safe starts with YOU!

- Report graffiti to 302-674-7541
- Pick up after Fido
- Respect park grounds
- Clean up your trash
- Keep music on low volume
- No driving on the grass
- Park Hours: Dawn to Dusk

Following these rules will help keep our parks enjoyable all year long!



Bus Trip Policy

- ⇒ Registrations must be received before the deadline.
- ⇒ Trips are subject to cancellation for inclement weather. (*We will attempt to notify participants in this case.*)
- ⇒ Trips are subject to cancellation if the minimum participant requirement is not met.
- ⇒ Registrations accepted on a first-paid first-served basis.
- ⇒ Travel times are approximate.
- ⇒ The bus will NOT wait for you.
- ⇒ Those under 18 years must be accompanied by an adult.
- ⇒ No stops will be made for individual needs.
- ⇒ No refunds if you cancel your trip or fail to show.

Disability Related Accomodations

If you would like to participate in these activities & require disability related accomodations, please call our office at (302) 736-7050. You may reach TTY/TDD operator services by dialing 1-800-855-1155.

ACTIVITY REGISTRATION FORM

Please read the Registration Highlights on the Information Page before registering.

ADULT PARTICIPANT/CHILD (UNDER 18) GUARDIAN INFORMATION				Please print and fill out completely			
First Name	MI	Last Name	Date of Birth	Dover Resident	<input type="checkbox"/>	Non-Resident	<input type="checkbox"/>
Mailing Address				Yes, send me email updates to:			
City, State Zip		Parent/Guardian Date of Birth		How did you hear about us:			
Primary Phone Number		Secondary Phone Number		Friend	Website	Program Guide	Other
Does your child have any allergies?							

PARTICIPANT #1

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
ACTIVITY #			ACTIVITY NAME			ACTIVITY FEE

PARTICIPANT #2

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
ACTIVITY #			ACTIVITY NAME			ACTIVITY FEE
Payment Amount & Type						
Total Due: _____ Checks to: City of Dover						
Payment Amount & Type						
Cash Check MC/Visa/Disc Other Please circle						

Submit your registration by:

Mail: City of Dover Recreation, PO Box 475, Dover, DE 19903

Phone: w/Credit Card Info.: 302-674-7541

ONLINE REGISTRATION RECOMMENDED

<https://cityofdover.recdesk.com/Community/Home>

RELEASE STATEMENT:

I understand that the City of Dover provides no medical coverage for participants unless specified, and that all bills which may be incurred as a result of an activity-related injury are my responsibility. I hold harmless the City of Dover and all other parties involved in the conduction of these activities. I agree that any photographs taken during the event shall become and remain the property of the City of Dover, and that the City of Dover shall have the right to use such photographs and/or films whenever so desired free of any claims on my behalf.

Signature of adult participant /If under 18, parent/legal guardian Date

If you would like to participate in these activities and need disability related accommodations, please call 302-674-7541. You may reach TTY/TDD operator services by dialing 1-800-855-1155.